

# APPENDIX 1

## Glossary

Antigen – any substance that causes the immune system to produce antibodies against it<sup>1</sup>

Allergen - antigens stimulating hypersensitivity mediated by an immunologic mechanism<sup>2</sup>

Contact dermatitis – a skin condition in which the skin becomes red, sore, or inflamed after direct contact with a substance. Can be caused by irritants or an allergy<sup>3</sup>

CD – Celiac disease

DBPCFC – Double-blind, placebo-controlled food challenge

ELISA – enzyme linked immune sorbent assay

FBO – food business operator

FH – food hypersensitivity

FSA – Food Standards Agency

GF – gluten free

ICT – information and communications technology

Ig-E - immunoglobulin E

PAL – precautionary allergen labelling

RCT – randomised control trial

REA – rapid evidence assessment

Occupational allergy – exposure to allergens or chemicals “on the job” that can cause asthma, rhinitis, conjunctivitis, urticaria and contact dermatitis

Urticaria – transient erythematous swelling of the skin, associated with itching, which usually resolves within 24 hours<sup>4</sup>

WAO – World Allergy Organisation

---

<sup>1</sup> <https://medlineplus.gov/ency/article/002224.htm>

<sup>2</sup> [https://onlinelibrary.wiley.com/doi/epdf/10.1111/j.1398-9995.2001.00002.x-i1?saml\\_referrer](https://onlinelibrary.wiley.com/doi/epdf/10.1111/j.1398-9995.2001.00002.x-i1?saml_referrer)

<sup>3</sup> <https://medlineplus.gov/ency/article/000869.htm>

<sup>4</sup> <https://www.worldallergy.org/education-and-programs/education/allergic-disease-resource-center/professionals/urticaria>